

INTERSCHOLASTIC ATHLETICS

Policy Statement

It is the policy of the Trumbull Board of Education and the mission of the Trumbull Public Schools' Interscholastic Athletic Program in conjunction with the Connecticut Interscholastic Athletic Conference (CIAC) to provide foundations necessary for promoting positive personal growth and experiences, stimulating academic performance and empowering students to develop their highest potential at a highly competitive level. The implementation of a well-rounded interscholastic athletic program fosters advanced physical skills, good sportsmanship, growth and commitment. Comparable interscholastic athletic opportunities for students of both sexes will be offered.

Athletic participation is considered a privilege and not a right.

Adopted: 03/11/97
Approved Revisions: 04/03/01, 08/05/03
05/18/04, 06/03/08, 4/9/13, 1/6/15

Regulations

I. Organizational Structure

A. Board of Education

The Board of Education, responsible to the people, is the ruling agency for the Trumbull Public Schools. It is responsible for interpreting the needs of the community and requirements of the interscholastic athletic program.

B. Superintendent of Schools

The Superintendent and/or his/her designee is responsible for administering the schools according to adopted policies of the Board of Education, rules and regulations of the State Department of Education, the CIAC, the Fairfield County Interscholastic Athletic Conference (FCIAC) and in accordance with State Statutes. It is his/her duty to establish a definitive school interscholastic athletic policy and to have an understanding of that policy. The Superintendent and/or his/her designee shall represent the school district in its dealings with other school systems, social institutions and businesses. Delegation of his/her authority is made through the ~~high~~ school principal to the Athletic Director.

C. School Principal

The school principal is the official school representative in matters dealing with the Trumbull Public Schools' Athletic Department, the CIAC and the FCIAC. The principal is solely responsible for any official action taken by his/her school. He/she also coordinates the school athletic program with other school activities.

D. Athletic Director

The Athletic Director is directly responsible to the principal and the Superintendent and/or his/her designee. The primary responsibility of the Athletic Director is the administration and supervision of the interscholastic athletic program in the Trumbull Public Schools, which includes enforcement of Board of Education policies. The Athletic Director's duties will be those included in, but not limited to, his/her job description. Establishing safety measures for athletic activities and events and the participants of these activities and events is part of his/her primary responsibility.

E. Coaching Staff

All coaches shall be responsible to the Athletic Director for the total operation of their respective interscholastic sports programs. Coaches shall act as official representatives of the school as they carry out their interscholastic athletic responsibilities. Coaches will be responsible for the normal duties required of interscholastic competition as described in, but not limited to, the coaches' job description, and/or any duties delegated by the Athletic Director including the guidance and supervision of students in their charge.

Regulations cont'd

II. Eligibility

All student athletes must abide by the CIAC Rules of Eligibility (an overview of these rules and regulations are included herein). Before becoming a Trumbull Public Schools' interscholastic athlete participant, each interested student and their parent/guardian must register online (www.trumbullathletics.com).

A. Medical

1. All students must pass a physical (within the past thirteen months) provided by a physician before they are allowed to try out for an interscholastic athletic team. Ninth graders can use the State of Connecticut Department of Education Health Assessment record (Blue Form). All other students must submit the Trumbull Public Schools' Department of Athletics Physical Examination Form (Appendix B) which can be found online or obtained from the Athletic Office. Students must submit physicals and completed emergency cards to the School Nurse. The School Nurse will complete their portion of the emergency card and submit it directly to the Athletic Director.
2. Prior to any student being permitted to try out for any sport, the student must register online and turn in a completed Emergency Card to the school nurse. A copy of the card will be kept in the medicine kit and travel with the team.
3. As part of the registration process, parents/guardians must read and accept the Waiver of Liability for Students Participating in All Athletic Activities and Certificate of Insurance Coverage/Waiver of Liability forms.
4. All medical forms will be reviewed by the school nurse and will be kept on file in the school nurse's office.
5. Any student sustaining an injury or developing an illness during the sport season must provide a medical release from a personal physician in order to return to the sport for the remainder of the season, or to another sport for the following season. A medical release signed by the personal physician will be reviewed by the school nurse, the trainer, and the Athletic Director, who will determine whether, in their discretion, the student may return to the sport for the remainder of the sport season, or to another sport for the following season. (Appendix C)

B. Academics

1. All students (candidates) must PASS a minimum of four (4) Carnegie Units of work or its equivalent in the previous marking period in order to try out for an interscholastic athletic team as per CIAC rules. A Carnegie Unit is a course scheduled a minimum of 200 minutes during a period of five consecutive school days for a traditional nine-week marking period and awards at least ¼ credit for that period.

Regulations cont'd.

2. A pupil cannot at any time represent a school unless taking at least four (4) quarter Carnegie Units of work or its equivalent. During the school year, a pupil must have received a passing mark in at least four (4) quarter Carnegie Units of work or its equivalent at the end of the regular marking period next preceding the contest. Student eligibility will be determined for all students on the date that report cards are distributed or on the fourteenth calendar day following the end of the marking period, whichever comes first. No Carnegie Unit or equivalent for which the pupil has already received credit shall be included in those required by this rule.

If scheduling assigns an athlete less than four (4) units of work in a marking period, that student is ineligible unless additional courses needed are added to the schedule.

3. A student is ineligible if he/she receives in any subject an effort grade of a four (4) or totally unsatisfactory effort grade as is presently stated on the student's report card. After a two (2) week period, a coach may contact the classroom teacher to verify if student performance has improved. If performance has improved, the coach may consider reinstatement as an active member of the team.
4. A student is ineligible if he/she received a failing grade in a physical education course including the health component.
5. Scholastic failures cannot be made up for eligibility purposes in any manner until the next report card, except that credits earned during the summer by any regularly approved Board of Education procedure will be accepted for the purpose of determining the eligibility of pupils desiring to participate in the athletic program of the school in September. Scholastic incompletes must be made up within ten (10) school days following the date that student eligibility was determined for the respective marking period as defined above. Incomplete grades are not to be considered as passing grades.
6. Marking period grades (not semester grades) are to be used in determining scholastic eligibility to participate in interscholastic athletics during any given marking period. To be eligible for fall sports, a student must have received credit toward graduation of four (4) Carnegie Units of work the previous spring for which he/she has not previously received credit. The final academic grade average determines fall eligibility. Semester courses or mini courses completed earlier in the school year may be counted toward the four (4) units used in determining eligibility for the fall season. Year-end failures may be made up through successful completion of Local Education Agency (LEA) approved summer school work in courses failed.

Regulations cont'd.

D. Certificate of Insurance/Waiver of Liability

Trumbull Public Schools carries insurance to protect all interscholastic athletes. This insurance is SECONDARY to a student's primary health insurance. Students participating in interscholastic sports must be covered by primary health insurance. As part of the online registration process, parents/guardians must read and accept two forms, Certificate of Insurance/Waiver of Liability For Students Participating in All Athletic Activities and Waiver of Liability For Students Participating in All Athletic Activities, in order for a student to participate in interscholastic sports. (Appendices H and I)

III. Disqualifications and Penalties

The administration of the respective school, the Athletic Director, and the Superintendent and/or his/her designee retain the right and responsibility to enforce all rules and regulations, to render final decisions on all matters pertaining to student participation, eligibility, awards, and any other matters that pertain to athletic activities or school discipline. Suspension or termination of the participation privilege is within the discretion of the Athletic Director and the school administration.

A. Disqualifications

The Trumbull Public Schools' Standard of Conduct Policy is in effect for the entire school year from the onset of the first preseason practice/activity to the last school day activities as described in the student handbook. For any infraction(s) of the Standard of Conduct policy, student athletes will be subject to disciplinary action by the Athletic Department, in conjunction with administrative disciplinary action. Out of season violations of this policy may affect in season participation as determined by the Administration/Athletic Director.

The following are specific points called to the attention of all athletes, because they can be considered sufficient reason for disqualification or suspension from athletic participation.

1. Doing unsatisfactory scholastic work through lack of effort, failure to be attentive in class, poor attendance in class, or disrespect shown to faculty or staff.
2. Excessive absences from school (according to Trumbull Public Schools' attendance policies) or excessive tardiness during the season of a sport for other than legitimate medical reasons. Fatigue following athletic contests is not considered a legitimate excuse. Students are allowed a reasonable number of excused absences from school, without penalties, to observe religious holidays within their traditions. Students are allowed to refrain from participating in club or sports activities, without penalties, to observe religious holidays within their traditions.
3. Unsportsmanlike conduct or discourtesy toward opponents, officials or fellow students/coaches at home or away.

Regulations cont'd.

4. Bullying and/or hazing of others at any time.
5. Any destruction of school property, such as but not limited to locker rooms, showers, athletic equipment, etc.
6. Any athlete who is involved with the use and/or possession of drugs, weapons, alcohol, performance enhancing drugs, or tobacco products is subject to suspension, disqualification and/or expulsion from school.
7. Failure to submit valid reasons for absence or tardiness to the Head Coach. This applies to games and practice sessions.
8. Concealing illness or injuries sustained in practice or games, or delaying in the report of such injuries for treatment. See Return to Play Form. (Appendix C)
9. Failure to respect the property rights of another by taking or misusing what belongs to him/her without their permission.
10. Failure to wear appropriate attire at school as determined by the coach on game day or day prior to the game.
11. Failure to observe training regulations stipulated by the head coach and/or Athletic Director including improper diet or rest conditions.

B. Penalties

Factors that are pertinent to determining penalties may include but are not limited to:

- Prior record of misconduct;
- Consent to and compliance with appropriate therapeutic/behavioral intervention(s);
- Proximity of the misconduct to the beginning of the athletic season – i.e., misconduct occurring within thirty (30) days of the onset of the season will jeopardize athletic standing.

1. First Offense

A student, after confirmation of the offense, will be put on probation from a minimum of seven (7) calendar days to a maximum of fourteen (14) calendar days. This will be determined by the Athletic Director and the coach. During this probationary period, the student:

- a. will not practice or travel with the team;
- b. will not participate in any competition/performances;
- c. loses all awards for the season;

Regulations cont'd.

- d. will attend a meeting with parent/guardian, coach and the Athletic Director/Administrator representative before reinstatement to the team; and,
 - e. will deliver an apology to his/her team in the presence of the coaching staff.
2. Second Offense
The student, after confirmation of a second offense during the same school year, will be suspended from participation for the remainder of the current sport season.
 3. Third Offense
A confirmed third offense in the same school year will disqualify the individual for the remainder of the school year. In addition, the student:
 - a. will meet with parent/guardian, coach, Athletic Director and principal, and
 - b. will be required to meet with guidance for counseling.

C. Appeals Process

A student may appeal decisions in writing to the Athletic Director or principal. Before participation may resume, the student must have a conference with his/her coach/advisor. The student is responsible for scheduling this meeting. Appeals beyond the principal should be addressed to the Superintendent of Schools and/or his/her designee.

IV. Travel

Participants in school athletic events, for which transportation is provided, are required to travel to the event and return on school supplied transportation. A request for exceptions to this rule must be made to the Athletic Director and may be allowed only with advance written permission from the Athletic Director, who will grant exceptions only for emergencies, extreme hardships, or other unusual, extenuating circumstances.
(Appendix D)

Certain sports require that practices and home athletic contests be held at off-campus sites. For student athletes participating in these sports a Private Transportation Form (Appendix E) must be completed and signed by parent/guardian prior to the start of the season. Any time there is a change in driver or if an emergency arises, a new form must be completed and submitted to the Head Coach prior to that individual driving to a practice or contest. Additionally, in accordance with Policy 3541.4 Use of Privately owned Vehicles, the Student/Teacher/Parent Driver Form (Appendix F) must be completed by the driver.

V. Additional Rules and Procedures

- A. Unexcused absences from school on the day of an athletic contest or practice will automatically disqualify a student from participation in that practice or game. In order to practice/play, a student must be in school for at least one-half the school day. A family or personal absence is acceptable providing it has been approved previously by the Athletic Director and coach.

Regulations cont'd.

- B. If a student athlete loses equipment/uniforms, no athletic award, further equipment, or in the case of seniors, diploma will be issued until the student's financial obligation is met.
- C. Any additional rules and procedures may be established by the coach/advisor within the guidelines for participation listed above. Consequences for violation of additional rules and procedures shall be determined by the coach/advisor with prior verbal and written descriptions at the beginning of the season/activity. Upon return from an expulsion, the student's future athletic eligibility will be at the discretion of the Athletic Director and the school administration.

VI. Inquiry and Personal Concern Procedures

Student athletes and their parent/guardian are encouraged to discuss personal concerns about the interscholastic program so that small problems and misunderstandings do not become major issues. The following procedures are meant to ease the process.

A. Student/Athlete Procedures:

- 1. Student athletes are encouraged to discuss their personal concerns with their respective coaches during non-practice time.
- 2. The Athletic Director is available by appointment to discuss concerns.
- 3. An appointed school counselor is also available to discuss concerns.

B. Parent/Guardian Procedures:

- 1. Parent/guardians are to call the respective coach for an appointment to discuss an inquiry during the sport's season. Discussions are held in the Athletic Department Office as opposed to fields or courts.
- 2. An inquiry that has not been resolved by the respective coach may be brought to the attention of the following personnel, in the order given: Athletic Director; School Principal; and the Superintendent and/or his/her designee, by making an appointment.

VII. Chemical Health

The Trumbull Board of Education, in principle, accepts the CIAC Board of Control approved policy on Chemical Health.

References

- Connecticut General Statutes Sec. 10-204a and 10-206
- CIAC Handbook
- Trumbull Public Schools Coach's Manual
- Trumbull Board of Education Policies:
 - Protected Prayer, Policy Code: 6115.1
 - Standard of Conduct, Policy Code: 5131
 - Sexual Harassment of Students, Policy Code: 5131.4
 - Hazing, Policy Code: 5131.91
 - Bullying, Policy Code: 5131.911
 - Student Absences and Procedures Grades K-8, Policy Code: 5113.1
 - High School Attendance/Loss of Credit, Policy Code: 5113
 - Drug and Alcohol, Policy Code: 6164.11
 - Student No Smoking and Tobacco Products Use, Policy Code 5116
 - Administration of Medication by School Personnel, Policy Code: 5141.21
 - Public Conduct at School Activities, Policy Code: 1316
 - Use of Privately Owned Vehicles, Policy Code: 3541.4
 - Care of Instructional Materials, Policy Code 6161.2

-TRUMBULL HIGH SCHOOL-
HILLCREST MIDDLE SCHOOL MADISON MIDDLE SCHOOL
(These Athletic Department Rules Pertain to Grades 6-12)

ATHLETIC DEPARTMENT MEDICAL & ELIGIBILITY REQUIREMENTS

MEDICAL

All students must pass a physical (within the past thirteen months) provided by a physician before they are allowed to try out for an interscholastic athletic team. Students must submit physical forms and completed emergency cards to the school nurse. The school nurse will complete their portion of the emergency card and submit it to the Athletic Director. Such documents are to be kept on file with the head coach and trainer.

ACADEMICS

1. All students (candidates) must PASS a minimum of four (4) Carnegie Units of work or its equivalent in the previous marking period in order to try out for an interscholastic athletic team as per CIAC rules. A Carnegie Unit is a course scheduled a minimum of 200 minutes during a period of five consecutive school days for a traditional nine-week marking period and awards at least ¼ credit for that period.
2. A pupil cannot at any time represent a school unless taking at least four (4) quarter Carnegie Units of work or its equivalent. During the school year, a pupil must have received a passing mark in at least four (4) quarter Carnegie Units of work or its equivalent at the end of the regular marking period next preceding the contest. Student eligibility will be determined for all students on the date that report cards are distributed or on the fourteenth calendar day following the end of the marking period, which ever comes first. No Carnegie Unit or equivalent for which the pupil has already received credit shall be included in those required by this rule. If scheduling assigns an athlete less than four (4) units of work in a marking period, that student is ineligible unless additional courses needed are added to the schedule.
3. A student is ineligible if he/she receives in any subject an effort grade of a four (4) or totally unsatisfactory effort grade as is presently stated on the student's report card. After a two (2) week period, a coach may contact the classroom teacher to verify if student performance has improved. If performance has improved, the coach may consider reinstatement as an active member of the team.
4. A student is ineligible if he/she received a failing grade in a physical education course including the health component.
5. Scholastic failures cannot be made up for eligibility purposes in any manner until the next report card, except that credits earned during the summer by any regularly approved Board of Education procedure will be accepted for the purpose of determining the eligibility of pupils desiring to participate in the athletic program of the school in September. Scholastic incompletes must be made up within ten (10) school days following the date that student eligibility was determined for the respective marking period as defined above. Incomplete grades are not to be considered as passing grades.

6. Marking period grades (not semester grades) are to be used in determining scholastic eligibility to participate in interscholastic athletics during any given marking period. To be eligible for fall sports, a student must have received credit toward graduation of four (4) Carnegie Units of work the previous spring for which he/she has not previously received credit. The final academic grade average determines fall eligibility. Semester courses or mini courses completed earlier in the school year may be counted toward the four (4) units used in determining eligibility for the fall season. Year-end failures may be made up through successful completion of Local Education Agency (LEA) approved summer school work in courses failed.

ELIGIBILITY REQUIREMENTS

1. A student is ineligible if he/she received a failing grade in a physical education course including the health component.
2. The student shall not have reached his/her twentieth (20th) birthday. A student-athlete will not be allowed to start a season as defined in Article IX, Section II.D of the CIAC bylaws, or compete during a season in which his twentieth (20th) birthday falls.
3. A student has eight (8) consecutive semesters or four (4) consecutive years of eligibility from the date of entry into the ninth grade to be eligible for interscholastic competition. Date of entry is defined as the first date of enrollment as a grade 9 student taking four (4) or more high school subjects. Students who are not eligible or elect not to participate do not preserve additional semesters for use at a later time. That is, there is no fifth year of eligibility per se.
4. A student who transfers from a school to a CIAC member school during grades 10, 11, or 12 without at the same time changing legal residence to another school district or school service area, must complete one year (365 days) of approved membership before becoming eligible for interscholastic competition in the same sport in which he/she was a participant in the present or preceding season during grades 10, 11, or 12 on the junior varsity or the varsity team.
5. A student cannot participate with an outside team in the same sport that he/she participates in at the high school during the same season.

ATHLETIC DEPARTMENT DISQUALIFICATION AND PENALTIES

The administration of the respective school, the Athletic Director, and the Superintendent and/or his/her designee retain the right and responsibility to enforce all rules and regulations, to render final decisions on all matters pertaining to student participation, eligibility, awards, and any other matters that pertain to athletic activities or school discipline. Suspension or termination of the participation privilege is within the discretion of the Athletic Director and the school administration. Athletic participation is a “privilege” and not a “right”.

Disqualifications

The Trumbull Public Schools’ Standard of Conduct Policy is in effect the entire school year from the onset of the first season practice/activity to the last school day activity as described in the student handbook. For any infraction(s) of the Standard of Conduct policy, student/athletes will

be subject to disciplinary action by the Athletic Department, in conjunction with administrative disciplinary action. Out of season violations of this policy may affect in season participation as determined by the Administration/Athletic Director.

The following are specific points called to the attention of all athletes, because they can be considered sufficient reason for disqualification or suspension from athletic participation.

1. Doing unsatisfactory scholastic work through lack of effort, failure to be attentive in class, poor attendance in class, or disrespect shown to faculty or staff.
2. Excessive absences from school (according to Trumbull Public Schools' attendance policies) or excessive tardiness during the season of a sport for other than legitimate medical reasons. Fatigue following athletic contests is not considered a legitimate excuse. Students are allowed a reasonable number of excused absences from school, without penalties, to observe religious holidays within their traditions. Students are allowed to refrain from participating in club or sports activities, without penalties, to observe religious holidays within their traditions.
3. Unsportsmanlike conduct or discourtesy toward opponents, officials or fellow students/coaches at home or away.
4. Bullying and/or hazing of others at any time.
5. Any destruction of school property, such as but not limited to locker rooms, showers, athletic equipment, etc.
6. Any athlete who is involved with the use and/or possession of drugs, weapons, alcohol, performance enhancing drugs, or tobacco products is subject to suspension, disqualification and/or expulsion from school.
7. Failure to submit valid reasons for absence or tardiness to the Head Coach. This applies to games and practice sessions.
8. Concealing illness or injuries sustained in practice or games, or delaying in the report of such injuries for treatment. See Injury Report Procedures and Return to Play Form (Appendix C)
9. Failure to respect the property rights of another by taking or misusing what belongs to him/her without their permission.
10. Failure to wear appropriate attire at school as determined by the coach on game day or day prior to the game.
11. Failure to observe training regulations stipulated by the head coach and/or Athletic Director including improper diet or rest conditions.

Penalties

Factors that are pertinent to determining penalties may include but are not limited to:

- Prior record of substance misconduct;
- Consent to and compliance with appropriate therapeutic/behavioral intervention(s);
- Proximity of the misconduct to the beginning of the athletic season – i.e., misconduct occurring within 30 days of the onset of the season will jeopardize athletic standing.

1. First Offense

A student, after confirmation of the offense, will be put on probation from a minimum of seven (7) calendar days to a maximum of fourteen (14) calendar days. This will be determined by the Athletic Director and the coach. During this probationary period, the student:

- a. will not practice or travel with the team;
- b. will not participate in any competition/performances;
- c. loses all awards for the season;
- d. will attend a meeting with parent/guardian, coach, and the Athletic Director/Administrator representative before reinstatement to the team; and,
- e. will deliver an apology to his/her team in the presence of the coaching staff.

2. Second Offense

The student, after confirmation of a second offense during the same school year, will be suspended from participation for the remainder of the current sport season.

3. Third Offense

A confirmed third offense in the same school year will disqualify the individual for the remainder of the school year. In addition, the student:

- a. will meet with parent/guardian, coach, Athletic Director and principal, and
- b. will be required to meet with guidance for counseling.

Appeals Process:

A student may appeal decisions in writing to the Athletic Director or principal. Before participation may resume, the student must have a conference with his/her coach/advisor. The student is responsible for scheduling this meeting. Appeals beyond the principal should be addressed to the Superintendent of Schools and/or his/her designee.

Additional Rules and Procedures:

1. Unexcused absences from school on the day of an athletic contest or practice will automatically disqualify a student from the participation in that practice or game. In order to practice/play, a student must be in school for at least one-half the school day. A family or personal absence is acceptable providing it has been approved previously by the AD and coach.
2. If a student athlete loses equipment/uniforms, no athletic award, further equipment, or in the case of seniors, diploma will be issued until the student's financial obligation is met.

3. Any additional rules and procedures may be established by the coach/advisor within the guidelines for participation listed above. Consequences for violation of additional rules and procedures shall be determined by the coach/advisor with prior verbal and written descriptions at the beginning of the season/activity. Upon return from an expulsion, the student's future athletic eligibility will be at the discretion of the Athletic Director and the School Administration.

Athletic Department Communication Procedures

While we expect all of our programs to run smoothly, we understand that there are times student-athletes and parent/guardian may have concerns with the way things are going. Therefore we have set up a communication procedure to effectively resolve any issues before they become problems.

At any time, a parent/guardian may discuss with a coach the following:

1. Mental and physical treatment of your child
2. Ways in which your child can improve
3. General concerns about your child's behavior

While the above are certainly important topics that should be discussed both openly and professionally, the following list must be left up to the discretion of the coach and are not open for discussion:

1. Playing time
2. Tryout procedures/selection of team members
3. Team strategy/play calling
4. Performance of other student athletes
5. Selection of captains
6. Selection of those to receive special awards

It is also important that the established chain of communication is followed. General issues that can occur should be handled in the following order:

Student/Athlete Procedures:

Student athletes are encouraged to discuss their personal concerns with their respective coaches during non-practice time.

1. The Athletic Director is available by appointment to discuss concerns.
2. An appointed school counselor is also available to discuss concerns.

Parent/guardian Procedures:

1. Parent/guardians are to call the respective coach for an appointment to discuss an inquiry during the sports' season. Discussions are held in the Athletic Department Office as opposed to fields or courts.
2. An inquiry that has not been resolved by the respective coach may be brought to the attention of the following personnel, in the order given: Athletic Director; School Principal; and the Superintendent and/or his/her designee, by making an appointment.

Line of Authority (Inquiries relating to a specific sport)

1. Head coach of that sport
2. Athletic Director
3. School Principal
4. Superintendent of Schools

From the Trumbull Board of Education Hazing policy, Policy Code: 5131.91

HAZING

“Hazing” means committing an act against a student, or coercing a student into committing an act, that creates a risk of harm to a person, in order for the student to be initiated into or affiliated with a student organization, or for any other purpose. The term hazing includes, but is not limited to:

- I. Definition
 - A. Any type of physical brutality such as whipping, beating, striking, branding, electronic shocking, or placing a harmful substance on the body.
 - B. Any type of physical activity such as sleep deprivation, exposure to weather, confinement in a restricted area, calisthenics, or other activity that subjects the student to a risk of harm or that adversely affects the mental or physical health or safety of the student.
 - C. Any activity involving the consumption of any alcoholic beverage, drug, tobacco product or any other food, liquid, or substance that subjects the student to unreasonable risk of harm or that adversely affects the mental or physical health or safety of the student.
 - D. Any activity that intimidates or threatens the student with ostracism, that subjects the student to stress, embarrassment, shame or humiliation, that adversely affects the mental health or dignity of the student or discourages the student from remaining in school.
 - E. Any activity that causes or requires the student to perform a task that involves violation of state or federal law or of school district policies or regulations.
- II. Reporting Procedures
 - A. Any person who believes he or she has been the victim of hazing or any person with knowledge or belief of conduct, which may constitute hazing, shall report the alleged acts immediately to an appropriate school district official designated by this policy.
 - B. The building principal is the person responsible for receiving reports of hazing at the building level. Any person may report hazing directly to the Assistant Superintendent or to the Superintendent.
 - C. Teachers, coaches, athletic directors, administrators, volunteers, contractors, and other employees of the school district shall be particularly alert to possible situations, circumstances or events which might include hazing. Any such person who receives

a report of, observes, or has other knowledge or belief of conduct which may constitute hazing shall inform the building principal immediately.

- D. Submission of a good faith complaint or report of hazing will not affect the complainant or reporter's future employment, grades, work assignments or activity participation (i.e. clubs; athletics; band; etc.).

From the Trumbull Board of Education Bullying Prevention and Intervention policy, Policy Code: 5131.911

BULLYING PREVENTION AND INTERVENTION

The Trumbull Board of Education is committed to creating and maintaining an educational environment that is physically, emotionally and intellectually safe and thus free from bullying, harassment and discrimination. In accordance with state law and the Board's Safe School Climate Plan, the Board expressly prohibits any form of bullying behavior on school grounds; at a school-sponsored or school-related activity, function or program, whether on or off school grounds; at a school bus stop; on a school bus or other vehicle owned, leased or used by a local or regional board of education; or through the use of an electronic device or an electronic mobile device owned, leased or used by Board of Education.

For purposes of this policy, "Bullying" means the repeated use by one or more students of a written, verbal or electronic communication, such as cyberbullying, directed at or referring to another student attending school in the same school district, or a physical act or gesture by one or more students repeatedly directed at another student attending school in the same school district, that:

- 1) causes physical or emotional harm to such student or damage to such student's property;
- 2) places such student in reasonable fear of harm to himself or herself, or of damage to his or her property;
- 3) creates a hostile environment at school for such student;
- 4) infringes on the rights of such student at school; or
- 5) substantially disrupts the education process or the orderly operation of a school.

Bullying shall include, but not be limited to, a written, verbal or electronic communication or physical act or gesture based on any actual or perceived differentiating characteristics, such as race, color, religion, ancestry, national origin, gender, sexual orientation, gender identity and expression, socioeconomic status, academic status, physical appearance, or mental, physical, developmental or sensory disability, or by association with an individual or group who has or is perceived to have one or more of such characteristics.

For purposes of this policy, "Cyberbullying" means any act of bullying through the use of the Internet, interactive and digital technologies, cellular mobile telephone or other mobile electronic devices or any electronic communications.

Trumbull Board of Education Bullying Prevention and Intervention (Policy Code: 5131.911) sets forth the procedures for reporting incidents of bullying in detail, and is available to students and their parent/guardians/guardians upon request. This policy can be found on the Trumbull Public Schools' website under Board of Education at www.trumbullps.org.

TRUMBULL HIGH SCHOOL
DEPARTMENT OF INTERSCHOLASTIC ATHLETICS
PHYSICAL EXAM FORM

PARENTS: THIS FORM MUST BE SUBMITTED FOR ALL STUDENT ATHLETES. ONLY NINTH (9TH) GRADE STUDENTS MAY USE THE BLUE HEALTH ASSESSMENT RECORD SUBMITTED FOR THEIR MANDATORY SCHOOL PHYSICAL. Your medical provider **MUST** fill out this *Athletics Physical Examination Form* in order for your child to participate in a sport at Trumbull High School. Regardless of the information included in your child’s health assessment, we still need to have this *Athletics Physical Examination Form* completed by the doctor. ♦THERE ARE NO EXCEPTIONS TO THIS POLICY♦

To be completed by physician or health care provider only.

_____ Male Female

Student’s Last Name Student’s First Name Grade

Student’s Address

PLEASE CIRCLE ‘YES’ OR ‘NO’ TO EACH OF THE FOLLOWING:

- 1. Heart condition?.....Yes/No Cleared to play?..... Yes/No
- 2. Lung Condition?.....Yes/No Cleared to play?..... Yes/No
- 3. Evidence of Hernia?.....Yes/No Cleared to play?..... Yes/No
- 4. Musculoskeletal Condition?....Yes/No Cleared to play?..... Yes/No
- 5. Concussion(s)?..... Yes/No Cleared to play?.....Yes/No
- 6. If yes to any of the above, please list below details of the condition. Please also list other condition(s) that might affect the health of the student in athletic competition:

7. List any restriction(s) to competition:

Provider’s signature and signature/office stamp must be present on this form for the student to be eligible to participate in the THS interscholastic athletics program.

I certify that I have examined the above student athlete on the date noted below, and recommend him/her as being physically able to compete in the Trumbull High School Interscholastic Athletic Program.

Date of Physical: _____

Note: Sports physicals are only valid for twelve (12) months from the date entered here , at which time a new physical is required in order to continue to participate

Health Care Providers’ Signature
THS ♦ 72 Strobel Road Trumbull, CT 06611 ♦ Phone: 203.452.4557 Fax: 203.452.4361

**TRUMBULL HIGH SCHOOL
DEPARTMENT OF INTERSCHOLASTICS ATHLETICS
72 Strobel Road
Trumbull, CT 06611
(203) 452-4557**

Marc Guarino
Principal

Michael King
Athletic Director

RETURN TO PLAY FORM

Our child, _____, is returning to the interscholastic sports program following an illness or injury. We are providing a medical release permitting him/her to return to the interscholastic sports program signed by the following physician: _____.

By providing this release to you, we are again certifying that our child _____ has our permission to participate fully and without restriction in the interscholastic sports program, in the following sport(s): _____. We understand that participation in all sports requires an acceptance of possible injury which may be severe, including the risk of fractures, brain injuries, paralysis, or even death. We understand that the risk posed to _____ may be increased as a result of his/her previous injury.

We hereby hold the Trumbull Board of Education, the Trumbull Public Schools, the Town of Trumbull and any of their employees or agents harmless from and against any liability whatsoever to us, our child _____, or to our heirs, assigns or personal representatives for personal injury. This shall include, but is not limited to, injury, death or sickness occurring in connection with or aggravated by _____'s participation in the interscholastic sports program.

Parent/Guardian Signature

Date

TRUMBULL HIGH SCHOOL
DEPARTMENT OF INTERSCHOLASTIC ATHLETICS
72 Strobel Road
Trumbull, CT 06611
(203) 452-4557

Marc Guarino
Principal

Michael King
Athletic Director

TRAVEL RELEASE

This is to certify that _____ has my permission to ride to
(Student's Name – Please Print)

and from the _____ athletic contest on _____ at _____
(Sport) (Date) (Location)

I certify that I am personally transporting the above named student or have arranged for transportation with an adult (non-student) of my choosing for this student.

Name of adult other than parent/guardian who will be driving _____.

The reason for not riding the bus is _____.

(Reason must be sufficiently urgent to family needs to justify not riding the bus)

I understand that the Trumbull High School Athletic rules require that students ride the bus to and from all athletic events and a departure from this requirement will release the Trumbull Board of Education from all liability for any adverse results that may occur.

NOTE: All students participating in field trips, away games and other official, school-sponsored, group events for which transportation is provided, are expected to travel to the event and return to school together, on school transportation. All participants are to remain under the supervision of the teacher(s), coach(s), other school official(s), or designated chaperone(s) at all times, until they return to school. When school transportation is provided, participating students must ride it both ways; parents, chaperones, and others must not drive students to or from the site of the event by private transportation. Exceptions to this rule may be allowed only with advance written permission from the athletic director, who will grant exceptions only for emergencies, extreme hardships, or other unusual, extenuating circumstances.

I agree to release the Trumbull Board of Education and its employees and others from all liability with reference to the above stated transportation. I also understand that if these rules are not followed and I drive my child, or he/she drives his/herself, to an athletic contest, he/she will not be allowed to compete. This form must be on file in the Athletic office prior to the dismissal of school on the day of the contest.

Signature of Parent/Guardian Date

Signature of Athletic Director Date
08/05/03, 12/06

**TRUMBULL HIGH SCHOOL
DEPARTMENT OF INTERSCHOLASTIC ATHLETICS
72 STROBEL ROAD
TRUMBULL, CT 06611
(203) 452-4557**

Marc Guarino
Principal

Michael King
Director of Athletics

PRIVATE TRANSPORTATION FORM

This is to certify that _____ has my permission to ride to and from
(Student Name)

_____ for practice or an athletic contest for the season for
(Location)

the sport of _____.

I certify that I am personally transporting the above named student or have arranged for transportation with another adult or student of my choosing for this student.

Name of adult/student other than parent/guardian who will be driving _____.
(circle one)

I understand this form will release the Trumbull Board of Education from all liability for any adverse results that may occur while driving or transporting student/athletes to local venues for practice or games.

This form must be on file in the Athletic Office prior to the start of the season for the current school year.

PLEASE NOTE: When there is any change in driver or if an emergency situation arises, a new form must be completed and submitted to the Head Coach prior to that individual driving to a practice or contest site.

Signature of Parent/Guardian

Date

**TRUMBULL HIGH SCHOOL
DEPARTMENT OF INTERSCHOLASTIC ATHLETICS
72 STROBEL ROAD
TRUMBULL, CT 06611
(203) 452-4557**

Marc Guarino
Principal

Michael King
Director of Athletics

STUDENT/TEACHER/PARENT DRIVER FORMS
Use of a Privately Owned Vehicle

NAME _____ TELEPHONE _____

ADDRESS _____ SCHOOL _____

I am aware that I must have liability insurance coverage of \$100,000/\$300,000 in order to be eligible to drive school children on field trips and that in the event of an accident, my liability insurance becomes primary – the town insurance will meet coverage where my insurance coverage terminates. Furthermore, I agree to comply with all laws relating to driving, including requiring the use of seat belts in my car. If I am a student, I will not take other students in my car unless it is allowed under the current law.

Student/Teacher/Parent/Guardian Signature _____

Date _____

Student's Age: _____ DOB: _____

Parent/Guardian Signature: _____

Signature of Parent/Guardian required if student driver is under 18
or is over 18, but is not the owner of the vehicle being used.

Insurance Carrier _____ Date of Trip(s) _____

Policy Number _____

Expiration date: _____

(Emergency Card)
TRUMBULL SCHOOLS STUDENT ATHLETE CONTACT INFORMATION

NAME: _____ **DOB:** _____ **GRADE:** _____

ADDRESS: _____

PARENT/GUARDIAN EMERGENCY CONTACT NUMBER: _____

PREFERRED HOSPITAL _____

INSURANCE CO. & ID NUMBER: _____

ALLERGIES: _____

MEDICAL CONDITIONS: _____

LIST OF CURRENT MEDICATIONS (Circle those left with Coach) _____

“OK to PLAY”

Date of Review _____ **Signature and Stamp of Nurse** _____ **Expiration Date**

Trumbull Public Schools
Certificate of Insurance Coverage and Waiver of Liability for Students Participating in All Athletic Activities
For the Period August 1, 2014 thru July 31, 2015

Trumbull Public Schools (TPS) has purchased insurance coverage to protect all interscholastic athletes and participants in other TPS non-sports related activities. The insurance purchased by TPS is **Secondary coverage**. I **acknowledge that “Secondary coverage”** means that any claims resulting from my child’s _____’s (**name of student**) participation in Trumbull Public School Athletics must be submitted to my/our primary insurance policy first and that from a coordination of benefits perspective, my/our policy is primary. **Note: the mandatory insurance fee required to participate in athletics has been rescinded effective for the 2014-15 school year.**

I/We acknowledge that I/we are responsible for all risks, known and unknown, resulting from my child’s participation in Trumbull Public Schools Athletics.

Parent(s), please initial the appropriate section:

_____ I/We have medical insurance in effect for my/our child and that this policy will be effective for the entire duration of my/our child’s participation in this program. I understand that I am responsible for all deductibles, co-pays and similar co-insurance obligations.

_____ I/We do not currently have a medical insurance policy in effect for my/our child. **I/We agree within 7 days of the date below to apply for Connecticut’s Husky Health Program. Once approved, I/we will submit a new Certificate of Insurance form acknowledging that my/our child has a primary insurance policy in effect (first section). If not approved, I/we will immediately apply for Financial Hardship with the Superintendent of Schools (details are available at the Superintendent’s Office). If approved for Financial Hardship, I/we agree that my/our child will be permitted to participate in THS Athletics. If not approved for Financial Hardship, I/we agree that my child will not be eligible to participate in THS Athletics.**

I/We further agree that all of the foregoing statements are true and accurate to the best of my knowledge and belief and that if any statement herein is false, I/we shall be solely liable for any financial costs or damages resulting from my/our failure to maintain medical insurance for my/our child.

Parent or Legal Guardian’s Signature

Date

Parent or Legal Guardian’s Name (Print)

Student’s Signature (if 18 or older)

Date

Trumbull Public Schools
Waiver of Liability for Students Participating in All Athletic Activities
For the Period August 1, 2014 thru July 31, 2015

In consideration of _____ **(name of student)** being allowed to participate in any high school athletics, I/we hereby waive, release and discharge, to the fullest extent permitted by law, any and all claim or claims, action, causes of action, demand or suits against the Trumbull Board of Education, Town of Trumbull and their respective employees, elected and appointed officials, agents and volunteers (the "Released Parties"), arising out of _____'s **(name of student)** participation in high school athletics, including claims, actions, causes of action, demands and suits for all risks, both known and unknown, including but not limited to sprains, fractures, concussions, brain damage, paralysis, permanent disability or death, whether caused by the negligence of the Released Parties or otherwise.

I/We understand that, as a participant, the above-identified student will travel under coach's direction and authority from time of departure until return arrival.

I/We recognize that participation in the athletic program at Trumbull Public Schools is a privilege and that all CIAC and school regulations as well as team rules must be adhered to for continued participation.

I/We give my/our son/daughter consent to participate in organized athletics.

I/We, on my/our behalf and on behalf of my/our child, agree to indemnify, defend and hold harmless the Trumbull Board of Education (TBOE), the Town of Trumbull (Town) and their respective employees, elected and appointed officials, agents and volunteers, from any and all damages, awards, costs and expenses including but not limited to monetary damages, cost of treatment, attorney's fees, court costs, and all other sums which the TBOE/Town and their respective employees, officials, and volunteers may pay or become obligated to pay on account of any and every demand, claim or assertion of liability, or any claim or action founded herein, arising or alleged to have arisen out of any injury, accident or other occurrence resulting in any demand for payment upon the TBOE/Town.

Parent or Legal Guardian's Signature

Date

Parent or Legal Guardian's Name (Print)

Student's Signature (if 18 or older)

Date