# MARCH 2015

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**EVENT LOCATIONS**

**Trumbull Library**—33 Quality Street, Trumbull, CT

**Fairchild-Nichols Memorial Branch Library**—1718 Huntington Turnpike, Trumbull, CT

**Trumbull Agriscience & BioTech Center**—536 Daniels Farm Road, Trumbull, CT

**Trumbull Historical Society**—1856 Huntington Turnpike, Trumbull, CT

**Trumbull Marriott-Parallel Post Restaurant**—180 Hawley Lane, Trumbull, CT

**Trumbull Nature and Arts Center (TNAC)**—7115 Main Street, Trumbull, CT

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**ANIMAL, VEGETABLE, MIRACLE**

**A YEAR OF FOOD LIFE**

**BY BARBARA KINGSOLVER**

WITH STEVEN L. HOPP AND CAMILLE KINGSOLVER

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**THE FOOD WE EAT**

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**MARCH 2015**

ONE BOOK ONE TOWN IS A COMMUNITY-WIDE READING PROGRAM, BRINGING PEOPLE TOGETHER THROUGH LITERATURE.

Trumbull Library System, 33 Quality Street, Trumbull, CT ~ 203-452-5197

[www.trumbullct-library.org](http://www.trumbullct-library.org)
Part memoir, part journalistic investigation, *Animal, Vegetable, Miracle: A Year of Food Life* is an enthralling narrative that will open your eyes in a hundred new ways to an old adage, “you are what you eat”.

Author Barbara Kingsolver and her family abandoned the industrial food pipeline to live in a rural neighborhood, grow their own food, and raise food in their own backyard. They’d only buy food raised in their own neighborhood, grow it themselves, or live without it.

**BOOK DISCUSSIONS**

*Winter Harvest Soup Luncheon & Book Discussion*

Facilitated by Library Director, Sue Horton

*Luncheon provided by members of Library Board of Trustees*

**Thursday, March 12th—12 Noon**

Library Community Room. Registration required.

**Evening Book Discussion**

Facilitated by Susan Boyar

**Thursday, March 19th—7pm**

Library Kiwanis Room. Refreshments. Registration required.

> “GM (Genetically Modified) plants are virtually everywhere in the US food chain, but don’t have to be labeled, and aren’t. Industry lobbyists intend to keep it that way.”

> ~ Barbara Kingsolver, *Animal, Vegetable, Miracle: A Year of Food Life*

**KICK OFF EVENT-DEBATE**

**St. Joseph High School vs. Trumbull High School**

**Resolved: Genetically Engineered Foods Are Needed to Feed the World.**

Under the leadership of Jeff Tyrell and Hope Spalla, the teams will face off in their fourth *One Book One Town* debate. Be there as these worthy opponents formally debate the proposed resolution.

**Winner declared by Yale University Debate Team.**

**Wednesday, March 4th—7pm**

Library Community Room. Walk in.

Debate teams receive funding from Trumbull ACE Foundation.

Planning for *One Book-One Town* begins as soon as the previous program is completed and takes a full year of meetings by the OBOT Committee to ensure a quality program. The event provides a platform for schools, civic groups and governmental organizations to come together around a central theme to discuss ideas and enjoy educational and recreational programming. As in past years, funding for the events and activities came from generous donations and in-kind partnerships with the following businesses and organizations.

**2015 OBOT PARTNERSHIPS**

- Rotary Read Aloud 2015 - Theme: “The Food We Eat”
  - St. Joseph High School and Trumbull High School Debate Teams
  - Trumbull ACE Foundation
  - Trumbull Agriscience & Biotechnology Center
  - Trumbull Community Television
  - Trumbull Historical Society
  - Trumbull Marriott Parallel Post Restaurant
  - Trumbull Nature & Arts Center
  - Trumbull Schools

**2015 PLANNING TEAM**

**COMMUNITY**

John Annick
Sheryl Bauman
Roy Fuchs
Donna Girot
Ted Lovely
Diane Schwartz

**LIBRARY**

Joan Hammill
Sue Horton
Linda Panovich Sachs
Nancy Rupp
Donna Soucy
Mary Whatley

**SCHOOLS**

Terry Buckingham
Hope Spalla
Diane Streever
Jeff Tyrell
SPECIAL ACTIVITIES FOR FAMILIES & CHILDREN
Trumbull Nature & Arts Center – 7115 Main Street, Trumbull, CT

MAPLE SUGARING DEMONSTRATION
Join a Trumbull Park Ranger for this fun family afternoon of maple sugaring. Observe how a maple tree is tapped, and learn how sap is made into sweet syrup over a campfire. There will also be hiking, snacks, and a maple craft activity.
Saturday, March 7th  12-2pm.

GROW YOUR OWN PIZZA GARDEN
Learn how to grow a Pizza Garden with Master Gardener Vicki McCarthy. Whether you're a newbie or a seasoned veteran, Vicky will show you the best way to grow your own herbs and vegetables. First 25 registrants will receive starter pots to take home.
Saturday, March 21st 1-3pm.

Register for both events @ www.trumbullnatureandartscenter.org.
Donations gratefully accepted.

TRANSPLANTED LIVES: THE HISTORY OF BACK-TO-THE-LAND MOVEMENTS IN AMERICA
Dr. Paul Siff, Professor Emeritus of History, Sacred Heart University
Since the early 19th century back-to-the-land movements have been a reaction to urban and industrial growth threatening to separate humankind from nature. Today, our dependency on a highly impersonal food chain has sparked the locavore movement: organic small-scale farming, farm-to-table restaurants, farmers’ markets, and community gardens. Dr. Siff will elaborate on historical connections and current issues.
Sunday, March 22nd - 2pm
Trumbull Historical Society—1856 Huntington Turnpike, Trumbull, CT
Registration required. Limit 35.

FARM-TO-TABLE DINNER
THE PARALLEL POST RESTAURANT
Trumbull Marriott, 180 Hawley Lane, Trumbull
An evening designed to introduce Trumbull residents to a “farm-to-table” restaurant right in our own community.

Executive Chef Chris Molyneux affirms “Our seasonally inspired menu is always evolving, based on availability and our passion to serve you the freshest and the best.” Chef Molyneux will talk with diners about his choices for the evening and his philosophy of buying fresh, buying local.

Thursday, March 26th—7 pm
$35.00 per person. Reservations and prepayment required. Limit 35.
You can add your name to a wait list and if demand merits, we will open a 2nd evening on Monday, March 23rd.
Details online.

“Respecting the dignity of a spectacular food means enjoying it at its best.”
~ Barbara Kingsolver, Animal, Vegetable, Miracle: A Year of Food Life

VEGETABLE AND FRUIT POETRY CONTEST
* Write a poem about your favorite fruit or vegetable.
* Poem must be at least eight (8) lines long.
* Poem should be placed within a colored drawing (in any medium) of the fruit or vegetable.
* All entries will be displayed in the Library during April Poetry Month.
* Return to Main Library on or before Saturday, March 28th at 5pm.
Three (3) Categories: Elementary (K-5); Middle School (6-8) & Family
Please add your name (if appropriate - grade) phone # or email to back of drawing/poem.

ROTARY READ ALOUD
Books based on our theme, “The Food We Eat” have been selected by Terry Buckingham, Program Leader for Language Arts, K-5, Trumbull Public Schools and Diane Strever, Assistant Principal of Frenchtown School. These books were purchased by the Trumbull Rotary Club and will be read by members of the Trumbull Community.
Read Aloud Day, Thursday, April 9th
“To forget how to dig the earth and tend the soil is to forget ourselves.”
~ Mohandas K. Gandhi

FARM & GARDEN EXPO
TRUMBULL AGRISCIENCE & BIOTECHNOLOGY CENTER
536 Daniels Farm Road
Saturday, March 28th—10am – 2:30 PM
Free. Drop In.

Come, visit this farm to table expo. Stop at the booths. Chat with our locavores—organic farmers, gardeners, horticulturalists, cooks, restaurateurs and teachers. Learn the benefits of locally grown and organic food.

Let our experts tell you about planting a better looking, more productive and healthier garden and about growing new, nutritional, and delicious foods.

And let the students show you around this state-of-the-art Agriscience High School. Let them tell you about hydroponics, greenhouses, animal husbandry and veterinary science. Look at the llamas, take their picture—maybe learn their names.

ABOUT THE CENTER
The $8.5 million Regional Ag-Bio Center facility serves students in grades 9-12 from Trumbull and eight surrounding communities. They enroll in four year programs, and more than 90% of its graduates move on to higher education. This is Trumbull’s hidden gem!

“This facility is one of the best equipped schools for biotechnology education that I have seen.”
~ Dr. Joseph Wolenski, Research Scientist, Yale University

MALLETT LECTURES

Apple to Zucchini:
A Panel of Wholesome Food Experts
Guy Beardsley, owner of Guy’s Eco-Garden, Shelton
Nancy Moore, owner of Moorefield Herb Farm & Trumbull’s Farmer’s Market Coordinator (Returning this summer to new location—NIA)
Patti Popp, owner of Sport Hill Farm, Easton
GMOs, CSAs and Co-ops!
Details online.

Tuesday, March 10th—7pm
Library Community Room. Walk in.

The Sustainable Food Revolution Comes to Trumbull: Changing Our Lives One Meal at a Time
CT NOFA (NE Organic Farming Assoc. of CT) Executive Director, Eileen Hochberg will define sustainable agriculture, tell how the sustainable food revolution began, explain GMOs and GMO labeling, local vs. organic & more.
Details online.

Tuesday, March 24th —7pm
Library Community Room. Walk in.

FOODIES’ MOVIE NIGHT: CHEF
A chef who loses his restaurant job starts up a food truck in an effort to reclaim his creative promise, while piecing back together his estranged family.

Friday, March 13th –7pm
115 min. 2014. Comedy. Rated R.
Library Community Room. Walk in. Healthy refreshments.

ROBIN GLOWA & COOKING WITH HEALTHY

Saturday, March 14th
10:30am

Spring & St. Patrick’s Day make people think green, and greens are ultra healthy! Robin Glowa, The Conscious Cook, prepares kale, spinach, and other delicious veggies, with plenty to sample. www.theconsciouscook.net.

Fairchild-Nichols Memorial Branch Library, 1718 Huntington Turnpike.
Registration required.