

## Addendum C: INFORMATION ON THE SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

Dear Parent/Guardian:

If your children qualify for free school meals or milk, you might also qualify for **SNAP** (formerly called Food Stamps). SNAP helps people buy food for themselves and their families. SNAP benefits are issued each month on plastic debit cards. You can use SNAP benefits to buy food at major supermarkets, neighborhood grocery stores, and some farmers' markets authorized to accept SNAP.

### HOW TO QUALIFY

If and how much SNAP you qualify for depends on:


- your household's income;
- allowable deductions to your household's income (examples include monthly shelter expenses, medical bills, and court ordered child support);
- your household size; and
- at least 5 years U.S. residency for qualified non-citizens.

If you have access to the Internet, you can go online to see if you may be eligible for SNAP. Go to [www.connect.ct.gov](http://www.connect.ct.gov) and click "Am I Eligible?" **Owning your own home or owning a car will not prevent you from being eligible for SNAP.**

| Household Size                     | Gross Monthly Income | Gross Annual Income |
|------------------------------------|----------------------|---------------------|
| 1                                  | \$1,832              | \$21,984            |
| 2                                  | \$2,470              | \$29,640            |
| 3                                  | \$3,108              | \$37,296            |
| 4                                  | \$3,747              | \$44,964            |
| 5                                  | \$4,385              | \$52,620            |
| 6                                  | \$5,023              | \$60,726            |
| 7                                  | \$5,663              | \$67,956            |
| 8                                  | \$6,304              | \$75,648            |
| For each additional member         | +642                 | +7704               |
| Larger households = higher incomes |                      |                     |

### TO APPLY OR GET MORE INFORMATION

- To find your local Connecticut Department of Social Services (DSS) office, call **United Way's free referral number 2-1-1** (free call statewide).
- You can find a list off all Connecticut Department of Social Services (DSS) office, or you can apply online at [www.connect.ct.gov](http://www.connect.ct.gov) (click "Apply for Benefits"). You can get the paper SNAP application in English at [www.ct.gov/dss/lib/dss/pdfs/applications/w-1e.pdf](http://www.ct.gov/dss/lib/dss/pdfs/applications/w-1e.pdf) or in Spanish at [www.ct.gov/dss/lib/dss/pdfs/applications/w-1es.pdf](http://www.ct.gov/dss/lib/dss/pdfs/applications/w-1es.pdf).
- The following three organizations conduct outreach for DSS and can assist with applying for SNAP benefits:
  1. **The Community Health Center Association of Connecticut** works with the following community health centers, which will help you enroll in SNAP.

| HARTFORD COUNTY AND TOLLAND COUNTY  | WINDHAM COUNTY  | NEW HAVEN COUNTY   | FAIRFIELD COUNTY   |
|---|---|--|--|
| <p><b>Community Health Services</b><br/>Hartford 860-249-9625</p> <p><b>Charter Oak Health Center</b><br/>Hartford 860-550-7500</p> <p><b>Intercommunity, Inc.</b><br/>East Hartford 860-569-5900</p> <p><b>First Choice Health Centers</b><br/>East Harford, Manchester, Vernon<br/>860-528-1359, ext. 241</p> <p><b>Wheeler Clinic</b><br/>Bristol 860-920-4175</p> | <p><b>Generations Family Health Center</b><br/>Willimantic, Norwich, Putnam<br/>860-450-7471, ext. 6300</p> | <p><b>Cornell Scott Hill Health Center</b><br/>New Haven<br/>203-503-3000</p> <p><b>StayWell Health Center</b><br/>Waterbury<br/>203-756-8021, ext. 3814</p> | <p><b>Norwalk Community Health Center</b><br/>Norwalk 203-899-1770, ext. 1203</p> <p><b>Optimus Health Care</b><br/>Bridgeport, Stamford, Stratford<br/>203-696-3260, ex. 3326</p> <p><b>CIFC Greater Danbury Community Health Center</b><br/>203-743-0100, ext. 254</p> <p><b>Southwest Community Health Center</b><br/>Bridgeport 203-332-3542</p> <p><b>Family Centers</b><br/>Greenwich 203-655-4693</p> |
|  Community Health Center Association of Connecticut  |   |  |  |

## Addendum C: INFORMATION ON THE SNAP, continued

2. **End Hunger CT!** provides a SNAP eligibility screener ([www.ctsnap.org](http://www.ctsnap.org)) and call center (866-974-SNAP (7627)) to assist in determining eligibility. If you are eligible for SNAP, you will stretch your food dollars, support your school and community, and your kids get school meals at no cost. Many families are surprised they qualify – it is quick, easy and confidential to check by using the screener and call center.
3. **The Connecticut Association for Community Action (CAFCA)** works with the following community action agencies that will help you enroll in SNAP:

| Agency   | Phone Number | Areas Served                                       |
|--|--------------|--|
| <a href="#">Action for Bridgeport Community Development, Inc. (ABCD)</a>         | 203-366-8241 | Greater Bridgeport Area and Upper Fairfield County |
| <a href="#">The Access Community Action Agency (Access)</a>                      | 860-450-7400 | Windham and Tolland Counties                       |
| <a href="#">Community Action Agency of New Haven, Inc. (CAANH)</a>               | 203-387-7700 | Greater New Haven Area                             |
| <a href="#">The Community Action Agency of Western Connecticut, Inc. (CAAWC)</a> | 203-744-4700 | Northwestern CT and Lower Fairfield County         |
| <a href="#">Community Renewal Team, Inc. (CRT)</a>                               | 860-560-5600 | Hartford and Middlesex County                      |
| <a href="#">Human Resources Agency of New Britain, Inc. (HRA)</a>                | 860-225-8601 | New Britain and Bristol Areas                      |
| <a href="#">New Opportunities, Inc. (NOI)</a>                                    | 203-575-9799 | Greater Waterbury, Meriden, and Torrington Areas   |
| <a href="#">Thames Valley Council for Community Action, Inc. (TVCCA)</a>         | 860-889-1365 | Naugatuck Valley                                   |
| <a href="#">Training Education and Manpower, Inc. (TEAM)</a>                     | 203-736-5420 | Southeastern CT- New London County                 |

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To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).



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