

Meal PICKUP DAYS



The Food Services Department

*PICKUP breakfast and lunch meals will be distributed on **Mondays & Wednesdays & Fridays**. Available at your school at the usual PICKUP location.*

**TRUMBULL PUBLIC SCHOOLS
MEAL PICKUP AT EACH SCHOOL
INCLUDING EARLY CLOSING DAYS**

Monday: PICKUP Two Days of breakfast & lunch for Monday & Tuesday.

Wednesday: PICKUP Three Days of breakfast & lunch for Wednesday, Thursday & Friday.

Friday: PICKUP Two Days of breakfast & lunch for Saturday & Sunday.

Monday	Tuesday	Wednesday	Thursday	Friday
9:30-11:00am	<u>NO</u> MEAL PICKUP	9:30-11:00am	<u>NO</u> MEAL PICKUP	9:30-11:00am

Closed on Holidays, No School Days and Weekends

The National School Lunch Program promotes nutrition standards that:

- Offer fruits and vegetables each day.*
- Increase whole-grain food options.*
- Offer only fat-free or low-fat milk options.*
- Reduce saturated fats, trans fats, and sodium.*
- Serve proper food portions that meet students' calorie needs.*
- Food safety is our top priority.*

Whether meals are served in school or at the PICKUP location, school meal preparation is conducted in strict adherence with federal, state and local food safety regulations, CDC and FDA procedures are in place to protect school nutrition staff and the students we serve.