

**EMERGENCY MOBILE PSYCHIATRIC SERVICES (EMPS)
SOUTHWESTERN REGION
Child Guidance Center of Greater Bridgeport, Child Guidance Center of Southern
Connecticut, Mid-Fairfield Child Guidance Center**

May 1, 2009

TO: Parents, Foster Parents, Schools, Police Departments, Physicians, Foster Care and Adoption Agencies, Mental Health Care Providers, Social Service Agencies, Group Homes, and all others who work with and care about children and adolescents:

**MOBILE CRISIS FOR CHILDREN AND ADOLESCENTS IS
CHANGING!!!!**

AS OF JUNE 1, 2009, REACH US VIA 211

As you may know, the child guidance agencies of Southwestern Connecticut have been providing mobile crisis services for children and adolescents in emotional or behavioral crisis (EMPS) for many years. Beginning June 1, 2009, these programs are changing and improving in significant ways, including the following:

- Easier access. Just call 211.
- Increased mobility. All crisis assessments will be mobile.
- Expanded hours – mobile services available 9:00AM to 10:00PM on weekdays and 1:00PM to 10:00PM on weekends and holidays (and in some cases, beyond these hours).
- Unified regional program

Please help us spread the word and share the enclosed flyers with those who may use our service. Please help us prevent unnecessary visits to hospital emergency rooms by calling us to provide rapid assessment, short-term treatment and referral of children who are in crisis due to factors such as depression, aggression, trauma, and other serious emotional or behavioral issues. For more information, additional flyers, or an in-person meeting, please contact the following individuals:

In Bridgeport, Easton, Fairfield, Stratford, and Trumbull: Jill R. Edgar, Ph.D.,
203-394-6529

In Greenwich, Stamford, Darien and New Canaan, Deborah Matthews, Ph.D.,
203-324-6217

In Norwalk, Westport, Weston, and Wilton, Michael Fischler, Ph.D.,
203-299-1315

As of June 1, 2009

EMPS

Emergency Mobile Psychiatric Service

Emergency Mobile Psychiatric Service (EMPS) is a twenty-four hour, 365 days per year, crisis intervention service for children and youth in crisis.

EMPS Counselors are immediately available in person or by phone to help resolve a behavioral or emotional crisis wherever help is needed.

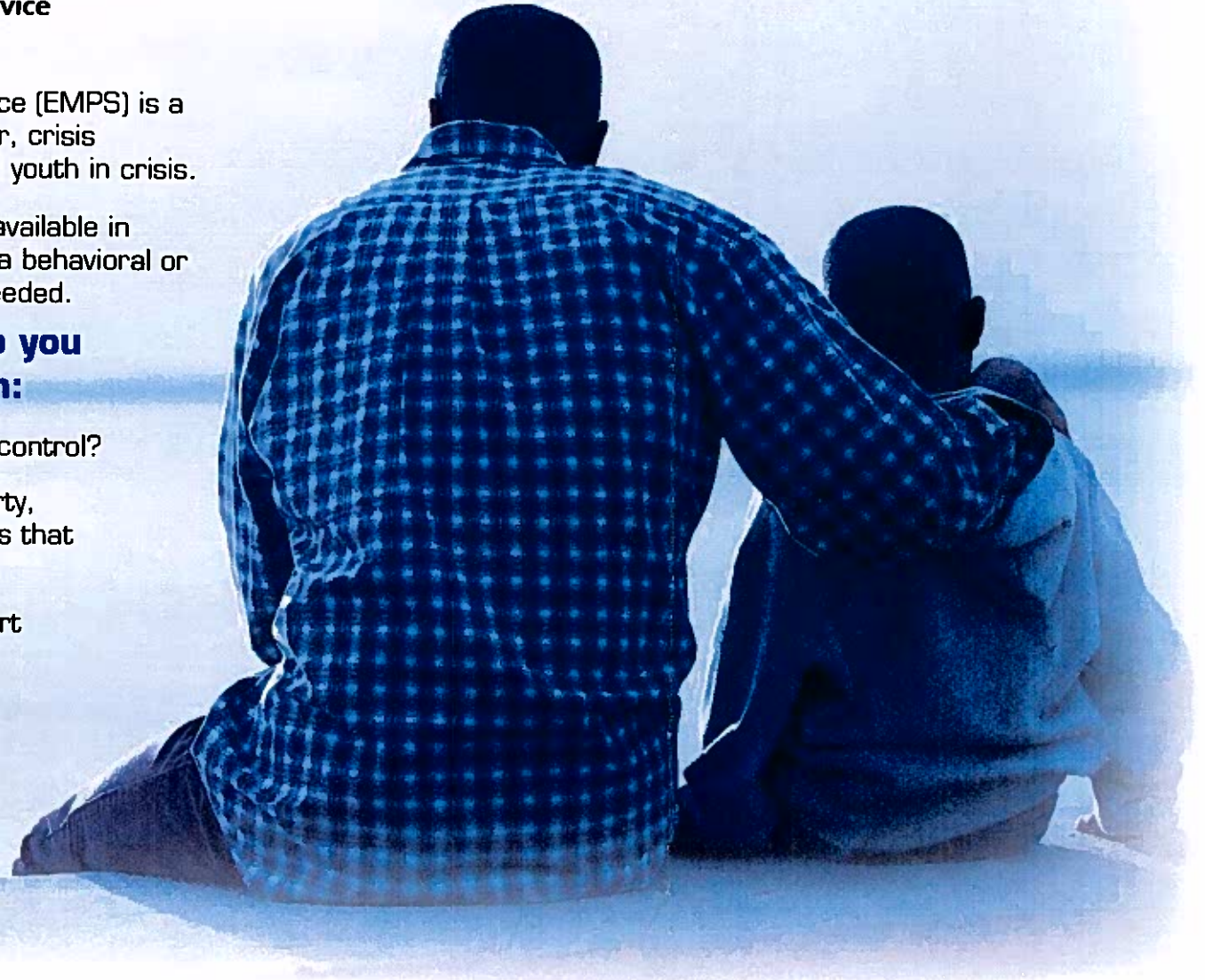
Is your child in crisis? Do you need immediate help with:

- A child who is angry and out of control?
- A child who is destroying property, breaking the law, or doing things that are life threatening?
- A child who is threatening to hurt him/herself or others?

DIAL 2-1-1

to be connected to this service. 2-1-1 is a toll-free, confidential service connecting people to the health and human services they need.

When things feel out of control – call us, we can help.



2-1-1 is supported by the State of Connecticut and Connecticut United Ways

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