

Peer Mediators are:

- Recommended by staff
- Asked fill out an application
- Interviewed
- Selected from those most highly recommended
- Trained in 18 hours of conflict resolution



**TRUMBULL
HIGH SCHOOL**

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HIGH
SCHOOL**



**PEER
MEDIATION**
Student Version

"Got a problem?
Clean it up with
Peer Mediation!"

Having a conflict?

- Has someone made fun of you or teased you?
- Do you feel angry at someone and worry what you might do if you confront them?
- Did “he say” that “she said” that “you said”... and a rumor is going around the school?

These are just some of the types of conflicts for which Peer Mediation is used.

What is Mediation?

Mediation is a chance for you to sit face-to-face and talk, uninterrupted, so each side of the dispute is heard.

There are several steps in the mediation process:

STEP 1– AGREE TO MEDIATE

STEP 2– GATHER POINTS OF VIEW

STEP 3– FOCUS ON INTERESTS

STEP 4– CREATE WIN-WIN OPTIONS

STEP 5– EVALUATE OPTIONS

STEP 6- SIGN A MUTAL AGREEMENT

Why should you try Mediation?

There are many reasons why mediation will be helpful to you. Here are a few:

1. Conflicts that do not get resolved often end in fights, which could result in suspension.
2. Conflicts that do not get resolved often result in hurt feelings, which could cause you to lose friends.
3. You will learn an effective, responsible way to solves your own problems without adult’s doing it for you.
4. You will develop mutual respect and clear communication skills.
5. You will make THS a more positive place to learn and grow.

Are there any rules to Mediation?

To make the process work, there are a few simple rules:

1. Mediation is a process that both students choose
2. Everything said during a mediation is kept private.
3. Students take turns talking, and no one can interrupt.
4. The student mediators do not take sides.

How do I go about getting a conflict mediated?

It is very easy to request a mediation.

- Pick up a mediation request form in any one of the house Guidance offices or the Library (near the stair case).
- Take 2 minutes to fill out the form and place it in the box labeled Peer Mediation.

Within a day, you will received notification of the time and place of the mediation. Mediations will be scheduled when the least amount of class time is missed.

If you have any further questions, please see your Guidance Counselor, Mr. McLaughlin, or Mr. Mecca