



TRUMBULL HIGH SCHOOL

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Athletic Director

ATHLETIC SPORTS INFORMATION 2009-2010

All incoming freshman or new students attending Trumbull High School this school year that are interested in trying out for a fall sport are responsible for obtaining the following material before they will be allowed to participate. All necessary paperwork must be filled out and ready to hand in by the first day of practice:

- Current physical on file in the THS nurse's office or a current copy (within thirteen months of the beginning of the season) of a physical to present to the coach on the first day of practice. This is the student-athlete's responsibility.
- A check for insurance (secondary to the parent's primary insurance) that all athletes must obtain as per school policy, \$25.00 non-refundable if you do not make the team, made out to THS Athletic Department.
- A parent permit completely filled out which can be obtained online at our high school website trumbullps.org.
- Once you make the team, a pay to participate fee in the amount of \$200.00 will be due, made out to THS Athletic Department.

The first day of practices for the following fall sports are listed below:

Boys Soccer (all levels)	08/29/09	8:30am - 12:00pm	THS V Soccer Field
Girls Soccer (all levels)	08/29/09	9:00am - 12:00pm 4:00pm - 6:00 pm	THS JV Soccer Field
Field Hockey (all levels)	08/29/09	8:00am - 11:30am	THS Field Hockey Field
Girls Volleyball (all levels)	08/29/09	8:00am - 3:00pm	THS Main Gym
Football (all levels)	07/06/09 - 08/06/09	6:00pm - 8:00pm	THS Weight Room Every Mon. and Wed.
	08/24/09 - 08/26/09	8:30am - 11:30 am	Conditioning week
	08/27/09 - 08/28/09	3:15pm - 5:15 pm	Conditioning Week
	08/29/09 - 08/30/09	8:30am - TBA	Double Sessions
Girls Cross Country (all candidates)	08/29/09	3:30pm - 5:00pm	Outside of Auxiliary Gym
Boys Cross Country (all candidates)	08/29/09	8:00am - 10:30am	Cross Country Trail
Girls Swimming and Diving (all candidates)	08/29/09	7:30am - 10:00am	Hillcrest Pool
Cheerleading (all levels)	08/24/09 - 08/28/09	9:00am - 3:00 pm	Auxiliary Gym