

ATHLETIC SPORTS INFORMATION 2008-2009

All incoming freshmen or new students attending Trumbull High School this school year that are interested in trying out for a fall sport are responsible for obtaining the following material before they will be allowed to participate. All necessary paperwork must be filled out and ready to hand in by the first day of practice:

- Current physical on file in the THS nurse's office or a current copy (within thirteen months of the beginning of the season) of a physical to present to the coach on the first day of practice. This is the student-athlete's responsibility.
- A check for insurance (secondary to the parent's primary insurance) that all athletes must obtain as per school policy, \$25.00 non-refundable if you do not make the team, made out to THS Athletic Department.
- A parent permit completely filled out which can be obtained online at our high school website **trumbullps.org**.
- Once you make the team, a pay-to-participate fee (the amount still has not been determined for next year at this time) will be due, made out to THS Athletic Department.

The first day of practices for the following fall sports are listed below:

Boys Soccer (all levels)	8/23/08	4:00pm-7:00pm	Soccer Field
Girls Soccer (all levels)	8/23/08	9:00am-12:00pm	Soccer Field
Field Hockey (all levels)	8/23/08	9-11am & 12-2pm	Field Hockey Field
Volleyball (all levels)	8/23/08	9:00am-3:00pm	Main Gym
Girls Cross Country (all candidates)	8/23/08 8/25/08	MADD Road Race 3:15pm-5:00pm	(Returning varsity only) All candidates to the Track
Boys Cross Country (all other candidates) (all candidates)	8/23/08 8/23/08 8/25/08	MADD Road Race 9:00am-11:00am 6:00-7:00pm	(Returning varsity only) All other candidates to the Track All candidates to the XC Trail
Girls Swimming	8/23/08	All candidates report to the front of Hillcrest	
Football	7/8/08-8/7/08 Every Tuesday and Thursday 6:00-8:00pm in the weight room 8/18/08-8/22/08 Conditioning week 8:30am-11:30am Track 8/23/08-8/24/08 Double Sessions 8:30am-TBD		